



**Pending for VCF Approval**

For enquiries, please email  
[carolyn@portlandinstitute.org](mailto:carolyn@portlandinstitute.org) for certification;  
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# Loss, Grief and Attachment in Life Transitions:

## Meaning Reconstruction and the Clinician as a Secure Base

### Jakob van Wielink

Grief Counsellor, Executive Coach and Trainer  
Faculty, Portland Institute for Loss and Transition  
Partner, De School voor Transitie

**29-30 Oct 2019 (Tue-Wed)**  
**9am-5pm**

*Catch the Early Bird at \$800  
before 31 Aug 2019*

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This two-day workshop offers an in-depth training in several techniques, nesting them both within the therapy relationship and in the context of current theories and research that provide flexible frameworks for intervention. The first day focuses on the ways in which our encounters with loss are deeply attachment informed. It takes a close look at our need for secure bases to start our journey of meaning reconstruction. It also invites us, as helping professionals, to consider how to be a secure base for our service recipients and to have a closer look at the challenge of separation. The second day places the work of secure base in the context of our lifeline. It invites us to reflect on how attachment, bonding and loss play a role in the stories of our lives, as well as how we can have a meaning-oriented dialogue that is both caring and daring.

- **Secure Base:** *To care and to dare, that's the challenge*
- **The Transition Cycle as a window:** *Life is lived in circles*
- **The Power of Separation:** *To grieve is learning to land in life*
- **A Letter To...:** *Witness the words that need(ed) to be said*
- **The Lifeline:** *The facts remain the same, the story will change*
- **Dialogue:** *Inviting for new perspectives on loss and transition*

*Satisfies Certification credits for 4 Techniques Modules*



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### ***About the Presenter:***

**Jakob van Wielink, M.A.**, graduated from the Tilburg University's law school with a degree in international (human rights) law. After obtaining a degree in didactics from Amsterdam University, he received intensive training in Neuro-Linguistic Programming, Transactional Analysis and systemic constellation work at Phoenix Opleidingen in The Netherlands, from where he also gained his master's degree in coaching and therapy and relationship therapy. He has been working as a grief counsellor since 2005.

Jakob's specialty lies on people, teams and organizations in transition. He is partner of De School voor Transitie (The School for Transition) in The Netherlands, a training institute in the field of leadership development and coaching. In addition to that, he works as an executive coach at the High Performance Leadership Program of the International Institute for Management Development in Lausanne, Switzerland. He is also one of the faculty members in the Portland Institute for Loss and Transition.

Jakob is often a sought after speaker in the field of resilience, grief and leadership. He also frequently publishes on these subjects, including his new co-authored book *Loss, Grief and Attachment in Life Transitions: A Clinician's Guide to Secure Base Counselling* (Routledge, 2019).



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***Supported by:***

**Dr Carolyn Ng, PsyD, FT**, is an Associate Director of the Portland Institute for Loss and Transition. Being trained in Narrative Therapy and Solution-Focused Brief Therapy, she maintains a private practice, Anchorage for Loss and Transition, for therapy, supervision and training. Previously, she was a Principal Counsellor with the Children's Cancer Foundation in Singapore, specialising in cancer-related palliative care and bereavement counselling support. She is a registered counsellor, master clinical member and approved clinical supervisor with the Singapore Association for Counselling (SAC). She is also a Fellow in Thanatology (FT) registered with the Association of Death Education and Counselling (ADEC), USA; as well as a consultant to a cancer support and bereavement ministry in Sydney, NSW, Australia.

Her wide counselling experiences cover youth delinquency issues, marital issues, family violence issues, mental health issues, incarceration issues, grief and loss issues, and crisis interventions. She has varied supervisory experiences with such helping professionals as counsellors, social workers and therapists in diverse settings as well. She also conducts training workshops, as invited by different organizations both in Singapore and other countries like Malaysia, Taiwan, Bhutan, Australia and United States over the years.